



Malaysia is blessed with a vast number of caves, including some of the largest and longest in the world. Most caves in Malaysia are equipped with marked paths and platforms, however some are only accessible by boat or require visitors to rough it out and crawl on all fours. These caves are nestled within rich rainforests and mangroves, providing sanctuary to amazing wildlife. Several caves are famous archeological sites where artifacts date back 40,000 years, while others contain ancient rock paintings, which are still visible to this day.

The Batu Caves, in Selangor, contain Hindu temples, which still attract droves of worshipers from all over the country. There are also remnants of human burial sites found in some Sabahan caves. Malaysian caves are also home to amazing wildlife such as fruit bats, swift lets, and invertebrates as well as having other natural attractions like massive stalagmites and stalactites.

Although major expeditions have been carried out, many caves have yet to be fully explored, luring explorers who are up for an adventure. There are guides available at all major Malaysian caves; seasoned cavers are normally appointed as guides. They may be contacted through the Malaysian Nature Society or other adventure clubs. Most caving expeditions are day trips but visitors can opt for an overnight stay.

Overnight camping is allowed within most caves but rooms are usually available in the vicinity. Caving is normally conducted during the dry season, between March and October, but one should always be prepared for rain. Permits are required when exploring some caves. These are available from the respective state forestry departments. Be aware that there is always the possibility of encountering dangerous creatures such as snakes and scorpions.

For more information on Cave Exploration, please [click here](#).